

SPEAKING WORDS OF LIFE



**In the book of Proverbs we read,
“Death and life are in the power of the
tongue, And those who love it will eat its
fruit.” (Proverbs 18:21)**

The words that we speak have the power to;

- Build up or to destroy our relationships
- To create an atmosphere of love and faith in our homes
- To help create a happy atmosphere in our workplaces
- To tear down and destroy others
(The Apostle Paul wrote, “But if you bite and devour one another, beware lest you be consumed by one another! –Galatians 5:15), or
- To help inspire others to keep going on in life to fulfil their full potential in Christ



In the book of Proverbs we read,

**“A man has joy by the answer of his mouth,
and a word spoken in due season, how good it
is!” (Proverbs 15:23)**

- **Encouraging words help to give strength to others and to inspire other people to realise their full potential in life**
- **As Christians we should look for opportunities to encourage others, especially within the body of Christ**



In the book of Hebrews we read,

**“Let us hold fast the confession of our hope without wavering, for He who promised is faithful. And let us consider one another in order to stir up love and good works, not forsaking the assembling of ourselves together, as is the manner of some, but exhorting one another, and so much the more as you see the Day approaching.”
(Hebrews 10:23-25)**



- What is in our heart will greatly determine the way that we live our life and the words that we speak



- For this reason it is so important that we continually keep our heart with all diligence

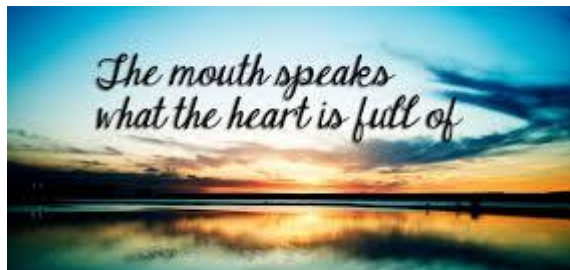
**In the book of Proverbs we read,
“Keep your heart with all diligence, for out of
it spring the issues of life.” (Proverbs 4:23)**



- Jesus Himself made it clear that what is in our heart will be reflected in the words that we speak

Jesus said,

“A good man out of the good treasure of his heart brings forth good; and an evil man out of the evil treasure of his heart brings forth evil. For out of the abundance of the heart his mouth speaks.” **(Luke 6:45)**



- So what is in our heart will ultimately be reflected in the words that we speak, **ESPECIALLY** when under pressure



So how can we maintain a right heart!

1) We need to be careful what we focus on

- What we focus on will eventually influence our mindsets and heart attitudes
- For this reasons we must be disciplined in what we allow into our eye and ear gates
- Focusing on wholesome things and things of good report will help us to keep a right heart



The Apostle Paul wrote what we should focus on as believers to continually maintain a right heart and to keep our faith built up,

“Finally, brethren, whatever things are true, whatever things are noble, whatever things are just, whatever things are pure, whatever things are lovely, whatever things are of good report, if there is any virtue and if there is anything praiseworthy-meditate on these things.”

(Philippians 4:8)



2) We need to continually choose to speak out God's promises in His word rather than always talking about our problems

- If we continually speak about our problems in life it will negatively affect our faith
- As believers we can position ourselves to appropriate all of God's promises in His word

The Apostle Paul wrote, “For all the promises of God in Him are Yes, and in Him Amen, to the glory of God through us.” (2 Corinthians 1:20)



- Continually focusing on the bigness of God and speaking in line with what He says about our life in His word, is a great key to maintaining a faith filled heart



In the book of Isaiah we read, “You will keep him in perfect peace, whose mind is stayed on You, because he trusts in You. Trust in the LORD forever, For in YAH, the LORD, is everlasting strength.” (Isaiah 26:3-4)

- The Apostle Paul made it clear that speaking out God's word is a great key to maintaining a strong faith and to having a healthy faith filled heart



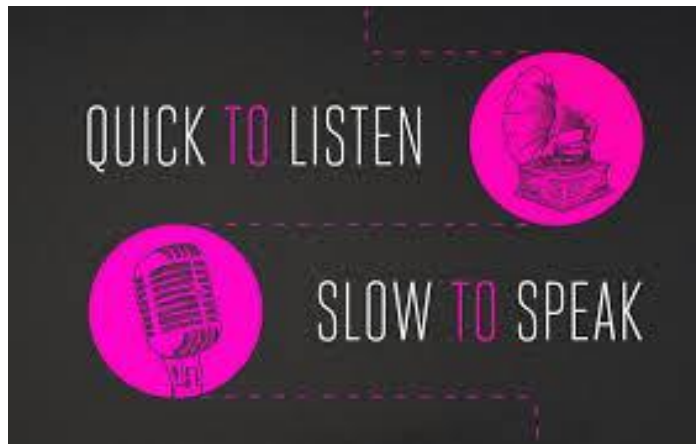
The Apostle Paul wrote,

“So then faith comes by hearing, and hearing by the Word of God.” (Romans 10:17)

- **Being careful about what we speak and being slow to speak are two disciplines that can help us to consistently speak words of life**

In the book of James we read,

“So then, my beloved brethren, let every man be swift to hear, slow to speak, slow to wrath; for the wrath of man does not produce the righteousness of God.” **(James 1:19-20)**



**ONLY
SPEAK WHAT
YOU WISH TO BE
BROUGHT INTO
EXISTENCE.**

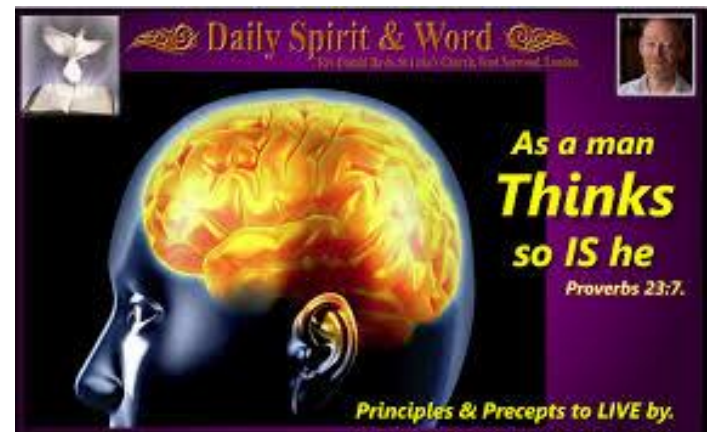
3) We need to continually take ALL wrong thoughts captive before they take us captive

- What we focus on will eventually affect our heart attitudes



The Apostle Paul wrote, “For the weapons of our warfare are not carnal but mighty in God for pulling down strongholds, casting down arguments and every high thing that exalts itself against the knowledge of God, bringing every thought into captivity to the obedience of Christ.” (2 Corinthians 10:4-5)

In the book of Proverbs we read,
“For as he thinks in his heart, so is he.” “Eat
and drink!” he says to you, but his heart is not
with you.” **(Proverbs 23:7)**



4) Spending quality time with God and being filled with all the fullness of God

King David wrote,

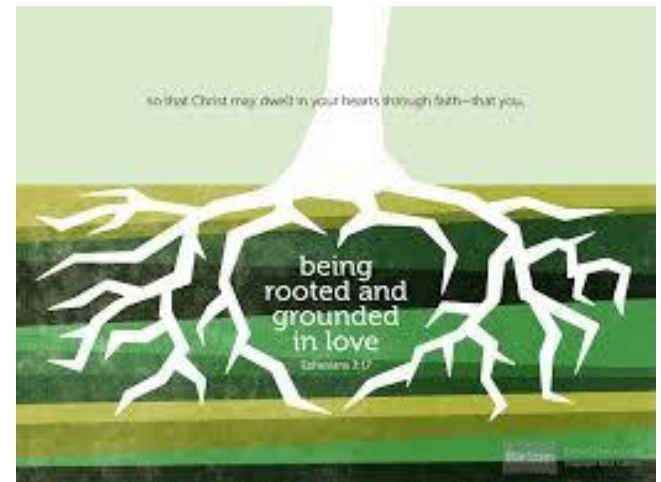
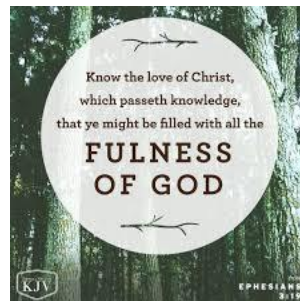
**“Delight yourself also in the LORD, And He shall give you the desires of your heart.”
(Psalm 37:4)**

- **Consistently spending quality time with the Lord is a great key to maintaining a right heart**



The Apostle Paul wrote,
“that Christ may dwell in your hearts through faith; that you, being rooted and grounded in love, may be able to comprehend with all the saints what is the width and length and depth and height - to know the love of Christ which passes knowledge; that you may be filled with all the fullness of God.”
(Ephesians 3:17-19)

AND



5) We must be careful about who we associate with

SURROUND
YOURSELF WITH
PEOPLE WHO
MAKE YOU A
BETTER PERSON

- Wrong friends can have a negative affect on our life and greatly influence the way that we speak. As Christians we must CONTINUALLY choose our friends wisely

In the book of Proverbs we read,

“The righteous should choose his friends carefully, For the way of the wicked leads them astray.” (Proverbs 12:26)



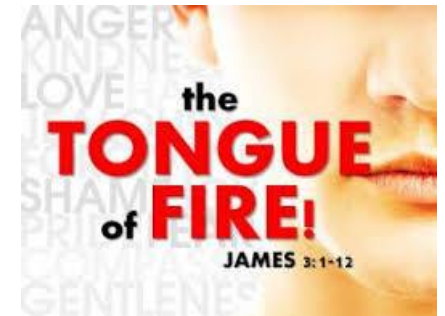
The Apostle Paul wrote,

“Do not be deceived: Evil company corrupts good habits.” (1 Corinthians 15:33)



I will now finish by looking at some Scriptures that relate to our words

- I will start by looking at Chapter three of the book of James which shares about the importance of us being consistent in the way that we use our tongue
- In this passage of Scripture that relates to the untameable tongue, we see that the tongue (our words) can be used both to bless God and to curse men
- We will now look at this passage of Scripture



In the book of James we read,

“My brethren, let not many of you become teachers, knowing that we shall receive a stricter judgment. For we all stumble in many things. If anyone does not stumble in word, he is a perfect man, able also to bridle the whole body.” (James 3:1-2)



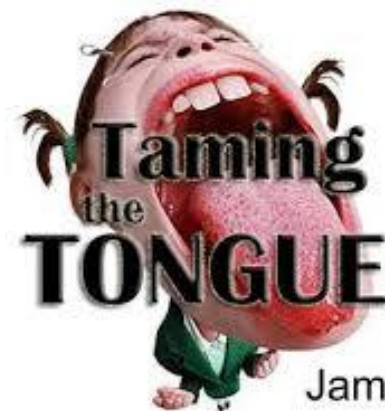
“Indeed, we put bits in horses’ mouths that they may obey us, and we turn their whole body. Look also at ships: although they are so large and are driven by fierce winds, they are turned by a very small rudder wherever the pilot desires.

“Even so the tongue is a little member and boasts great things. See how great a forest a little fire kindles!”
(James 3:3-5)



“And the tongue is a fire, a world of iniquity. The tongue is so set among our members that it defiles the whole body, and sets on fire the course of nature; and it is set on fire by hell.

“For every kind of beast and bird, of reptile and creature of the sea, is tamed and has been tamed by mankind. But no man can tame the tongue. It is an unruly evil, full of deadly poison.” **(James 3:6-8)**



James 3:1-12

“With it we bless our God and Father, and with it we curse men, who have been made in the similitude of God. Out of the same mouth proceed blessing and cursing. My brethren, these things ought not to be so.” (James 3:9-10)



THIS SHOULD NOT BE.



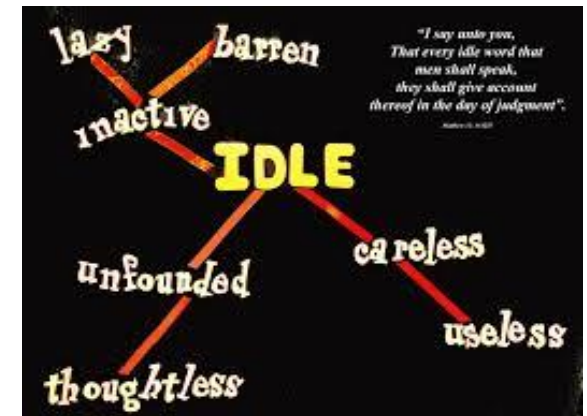
I will now quickly finish by looking at nine other scriptures that relate to our words

Firstly Jesus Himself said,

“But I say to you that for every idle word men may speak, they will give account of it in the day of judgment.”

(Matthew 12:36)

- This is why it is important that we are quick to repent of every wrong word that we speak to or about others**



The Apostle John wrote,

“If we confess our sins, He is faithful and just to forgive us our sins and to cleanse us from all unrighteousness.” (1 John 1:9)



In the book of Proverbs we read,

“The hypocrite with *his* mouth destroys his neighbour, But through knowledge the righteous will be delivered.” **(Proverbs 11:9)**

“There is one who speaks like the piercings of a sword, But the tongue of the wise promotes health.” **(Proverbs 12:18)**



In the book of Proverbs we also read,

“A soft answer turns away wrath, But a harsh word stirs up anger.” **(Proverbs 15:1)**

“A wholesome tongue *is* a tree of life,
But perverseness in it breaks the spirit.”
(Proverbs 15:4)



“Pleasant words are like a honeycomb,
sweetness to the soul and health to
the bones.” **(Proverbs 16:24)**



“A perverse man sows strife, And a whisperer
separates the best of friends.” **(Proverbs 16:28)**

The Apostle Paul wrote,

**“Let your speech always be with grace,
seasoned with salt, that you may know how you
ought to answer each one.”
(Colossians 4:6)**



**Finally the Apostle Paul also
wrote in relation to our words,**

**“Let no corrupt word proceed out
of your mouth, but what is good for
necessary edification, that it may
impart grace to the hearers.” (Ephesians 4:29)**



- So in conclusion, may I encourage you from today on to consistently speak words of life and faith



- In doing this you will enhance your relationships and truly shine in the world that we are now living in, *as you encourage others with words of life*



Jesus said,

“Let your light so shine before men, that they may see your good works and glorify your Father in heaven.” (Matthew 5:16)

- The way that we act and speak to others is our greatest witness as Christians
- People do not care how much we know, but they do want to know how much we care
- By continually speaking words of life and encouragement we can make people feel valued and appreciated
- In doing this we will truly stand out and shine in our world and help influence many people to come to Christ as we share our faith with them



- Continually speaking words of life and faith and what God says about our future, will also help us to realise our full potential in Christ



- Our words in many ways frame our future
- God has so much planned for each of our lives

I will finish with the words of the Apostle Paul,

“Now to Him who is able to do exceedingly abundantly above all that we ask or think, according to the power that works in us,” (Ephesians 3:20)

